

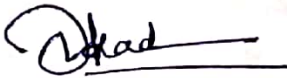


Rayat Shikshan Sanstha's
Dr. Patangrao Kadam Mahavidyalaya, Ramanandnagar (Burl)
Health Centre
Academic Year: 2021-22

The Health Center of Dr. Patangrao Kadam Mahavidyalaya Ramanandnagar organized blood donation camp on the occasion of 78th Birth Anniversary of Dr. Patangrao Kadam on 06 Jan 2022. The second Activity done by the health center was the one day workshop on "Physical Fitness for all "on 24 April 2022. Activities of the academic year 2021-22 are listed below-

Sr. No.	Name of the activity	Dates	No. of beneficiaries
1	Blood Donation Camp	06 Jan 2022	54
2	Women's Health and Counselling	10 March 2022	82
3	One Day Workshop on "Physical Fitness for all"	04 April 2022	180

Dr.
Coordinator


Principal,
Dr. Patangrao Kadam Mahavidhyalaya
Ramanandnagar (Burl)
Tal. Palus, Dist. Sangli.

Rayat Shikshan Sanstha's,
Dr. Patangrao Kadam Mahavidyalaya, Ramanandnagar (Burli)
Health Center
Blood Donation Camp
Report (2021-22)

Date: 06/01/2022

Rayat Shikshan Sanstha's, Dr. Patangrao Kadam Mahavidyalaya Ramanandnagar (Burli), Health Centre in collaboration with NCC Department organized blood Donation Camp on the occasion of 78th Birth Anniversary of Dr. Patangrao Kadam under the guidance of Hon. Principal Dr. L.D. Kadam. The Blood Donation Camp was inaugurated by CDC member Hon. J.K. (Bapu) Jadhav, Principal Dr. L.D. Kadam, Vice Principal Dr. T.S. Bhosale (Science Division), Vice Principal Dr. K.B. Bhosale (Arts & Commerce Division), Lieutenant Sandesh Daunde, college staff members, students and NCC cadets.

Honorable Principal Dr. L.D. Kadam convinced the importance of blood donation. He said blood donation is a noble cause and everyone should participate in this national initiative and human blood cannot be manufactured in any factory. Thus blood donation is the great donation.

Total of 54 students donated blood and contributed for the success of camp. The staff of Miraj Surgical Institute's Blood Bank was felicitated by book and flowers. Lieutenant Sandesh Daunde and NSS programme officer Dr. K. B. Bhosale worked for successful organization of blood donation camp in the time of COVID-19 as a part of national duty.

Outcomes

The donors showed positive effects like a sense of satisfaction after the blood donation.

Beneficiaries

54



CDC Member Hon. J.K. (Bapu) Jadhav guiding students of for Blood Donation



Hon. Principal Dr. L.D. Kadam addressing the motto 'Blood Donation Camp'



NCC Cadets donating blood on the occasion of Birth Anniversary of Dr. Patangrao Kadam



NCC Cadets donating blood on the occasion of Birth Anniversary of Dr. Patangrao Kadam



Staff Members donating blood in a 'Blood Donation Camp'



Dr. J.K.
(Coordinator)

Dr. Kadam
Principal,
Dr. Patangrao Kadam Mahavidhyalaya,
Ramanandnagar (Burl)

Rayat Shikshan Sanstha's

Dr. Patangrao Kadam Mahavidyalaya Ramanandnagar (Burli)

Women Empowerment Committee in collaboration with Sexual harassment prevention Committee and Health Centre in collaboration with IQAC

Organize a Program on

“Women’s Health and Counselling”

On occasion of International Women’s Day and 125th Death Anniversary Of

Savitribai Phule Thursday, 10th March 2022

Women Empowerment Committee, Sexual harassment prevention Committee and Health Centre in collaboration with IQAC Organize a Program on “Women’s Health and Counselling” On occasion of International Women’s Day and 125th Death Anniversary Of Savitribai Phule Thursday, 10th March 2022

The objective of the program is to help students understand the body of men and women and improving their attitudes towards sexual and reproductive health behaviours. This mindset will set up a foundation for future development in acquaintance with their friends .

The program was inaugurated by chief guest Dr.Sadhana Pawar by offering floral tribute to educationalist and social reformer Savitribai Phule, the founder Rayat Shikshan Sanstha’s, Padmabhushan Dr.Karmaveer Bhaurao Patil and Late Shree Patangraoji Kadam.”

Dr. Neeta Patil chairman of sexual prevention committee delivered prologue of the function. Prof.Dr.P.B. Piste member of sexual prevention committee introduced the chief guest. All Ladies staff and girl students representative of each year were felicitated along with the resource persons of the program.

Dr..Sadhana Pawar (Gynecologist and Social Activist) discussed that parents keeping silence about sex education can be dangerous as the child will eventually learn

about it from its peers and over the internet. Parents are the core people who accompany the child as he/she grows up. They need continuous guiding and counselling. Having open conversation with boys and girls together can eliminate the stigma and mystery of the topic. Teaching them together creates a comfortable space between the genders. Knowing about your sexuality gives altogether a better and productive mindset and relationship in future.

Honorable Dr. K.B. Bhosale (sir) gave presidential remark where he emphasized the importance to know the laws and regulations and women empowerment as need of time. Vote of thanks was delivered by Dr.G.R.Patil chairman Women Empowerment committee. Mrs.Swati Magdum compeered the program.



Dr. Neeta Patil presenting prologue of the function



Dr. Sadhana Pawar guiding students.



Honorable Vic.Prin. Dr.K.B.Bhosale(sir) delivering presidential talk.



Dr. Gauri Patil giving vote of thanks

Rayat Shikshan Sanstha's,
Dr. Patangrao Kadam Mahavidyalaya, Ramanandnagar (Burli)
Health Center & NCC
Organized

An One Day Workshop on 'Physical Fitness for All'

Date: 26/04/2022

A workshop on 'Physical Fitness for All' was held at Dr. Patangrao Kadam Mahavidyalaya, Ramanandnagar jointly by Shivaji University under Lead College Scheme.

On the occasion of this, inauguration of Poster Presentation was done by the Guest. Kiran Nikam, Founder President and Dietitian at Royal Gym, Palus, was present for the guidance. Kiran Nikam said "Proper diet along with proper exercise is essential". Aerobic exercises, different exercise types, demonstrations were taken out and taken from the inside. Ladies Fitness Trainer Sou. Archana Nikam said that it is very good for women to have proper diet and exercise. She said that women have to do enough exercise and have to take proper diet to overcome the problems during menstruation.

The program was chaired by College Principal Dr. L.D. Kadam. The program was jointly coordinated by the Director of Physical Education, Lieutenant Sandesh Daunde, Gymkhana Division & NCC Division. Sangli Zonal Secretary Dr. Mahesh Patil, Prof. Vishwas Sawant, Prof. Sheela Mohite, Prof. Akram Mujawar, Prof. Watkar Madam were present. Students from Nine different colleges were attended this workshop. Vice-Principal Dr. K.B. Bhosale, Dr. T.S. Bhosale and students were present in large numbers. Vote of Thanks was offered by Prof. Amol Jamdade and the workshop was efficiently anchored by Dr. Ashwini Tatugad

Outcomes

1. All students understood the importance of physical fitness.
2. Everyone decided to exercise regularly.

Beneficiaries

180



Hon. Prin. Dr. L. D. Kadam Welcoming the Guest Mr. Kiran Nikam and Archana Nikam

Photo Gallery:-



Mr. Kiran Nikam giving guidance on Physical Fitness



Mrs. Archana Nikam giving guidance on Physical Fitness



Hon. Principal Dr. L.D. Kadam giving Presidential Address



Dr. Mahesh Patil giving his thoughts on workshop

Dr. P. M. Patil
(Coordinator)

Dr. Kadam
Principal,
Dr. Patangrao Kadam Mahavidhyalay
Ramanandnagar (Burlil)
Tal. Palus, Dist. Sangli.